

Preparing For Adult Surgery

PLEASE FOLLOW ALL INSTRUCTIONS CAREFULLY:

- **PLEASE CALL THE SURGERY CENTER THE DAY BEFORE YOUR CHILD'S SCHEDULED SURGERY FOR YOUR CONFIRMED SCHEDULED TIME** between the hours of **1:00 PM – 3:00 PM, at 845-692-9900**. ANY OTHER TIME GIVEN PRIOR TO THIS DATE IS A TENTATIVE TIME. If your child's surgery is scheduled on a Monday, please call the Friday before.
- **YOUR SURGERY DATE IS _____**. It is very important that you arrive promptly at the time instructed by the Hudson Valley Ambulatory Surgery staff.
- If you are unable to make the scheduled appointment or you are going to be late, please contact the appropriate office to reschedule.
- **PLEASE BRING YOUR INSURANCE CARDS AND A PHOTO ID.**
- It is important to check with your insurance company regarding the anesthesiologist fees for your surgery. Please call NAPA – North American Partners in Anesthesia at (888) 240-1793 if you have any questions.
- Please fill out and bring your Anesthesia History Form.
- Any co-pays and/or deductible fees are your responsibility and will need to be paid on the date of service unless your insurance company states otherwise. Our billing department will contact your insurance company regarding any preauthorization, deductibles, and/or co-pays for the surgery.
- **DO NOT TAKE THE FOLLOWING MEDICATION ONE WEEK PRIOR TO SURGERY:** Aspirin, Vitamin E, Ibuprofen. **NO** herbal teas/medications, **NO** pain or anti-inflammatory medications. Your child should avoid alcohol and smoking 24 hours prior to surgery.
- **DO NOT EAT OR DRINK, INCLUDING WATER, AFTER MIDNIGHT.**
 - BLOOD PRESSURE MEDICATION and HEART MEDICATION can be taken the morning of surgery with a small sip of water.
 - PEOPLE WITH DIABETES may need to adjust their insulin dosage the morning of surgery. PLEASE CONSULT WITH YOUR DIABETES TEAM AND DISCUSS WITH YOUR ANESTHESIOLOGIST.
- **CALL THE DOCTOR IF...**
 - You develop a fever, rash or cold. Your doctor may want to postpone your procedure.
 - You are taking any pain medications. Pain medication can increase bleeding. You **can take** Tylenol/acetaminophen.
 - You are taking diet pills.
- If you are taking a blood thinner such as Coumadin, please inform the doctor or anesthesiologist.