

## Preparing for Pediatric Surgery

PLEASE FOLLOW ALL INSTRUCTIONS CAREFULLY:

- **PLEASE CALL THE SURGERY CENTER THE DAY BEFORE YOUR CHILD'S SCHEDULED SURGERY FOR YOUR CONFIRMED SCHEDULED TIME** between the hours of **1:00 PM – 3:00 PM, at 845-692-9900**. ANY OTHER TIME GIVEN PRIOR TO THIS DATE IS A TENTATIVE TIME. If your child's surgery is scheduled on a Monday, please call the Friday before.
- **YOUR CHILD'S SURGERY DATE IS \_\_\_\_\_**. It is very important that you and your child arrive promptly at the time instructed by the Hudson Valley Ambulatory Surgery staff.
- If your child is unable to make the scheduled appointment or you are going to be late, please contact the appropriate office to reschedule.
- **PLEASE BRING YOUR CHILD'S INSURANCE CARDS AND YOUR PHOTO ID.**
- It is important to check with your insurance company regarding the anesthesiologist fees for your child's surgery. Please call NAPA – North American Partners in Anesthesia at (888) 240-1793 if you have any questions.
- Please fill out and bring the Anesthesia History Form for your child.
- Any co-pays and/or deductible fees are your responsibility and will need to be paid on the date of service unless your insurance company states otherwise. Our billing department will contact your insurance company regarding any preauthorization, deductibles, and/or co-pays for the surgery.
- **DO NOT GIVE THE CHILD THE FOLLOWING MEDICATION ONE WEEK PRIOR TO SURGERY:** Aspirin, Vitamin E, Ibuprofen. **NO** herbal teas/medications, **NO** pain or anti-inflammatory medications. Your child should avoid alcohol and smoking 24 hours prior to surgery.
- **DO NOT ALLOW YOUR CHILD TO EAT OR DRINK, INCLUDING WATER, AFTER MIDNIGHT.**
  - CHILDREN WITH DIABETES may need to adjust their insulin dosage the morning of surgery. PLEASE CONSULT YOUR CHILD'S DOCTOR AND ANESTHESIOLOGIST.
  - PLEASE CONSULT YOUR CHILD'S DOCTOR AND ANESTHESIOLOGIST regarding whether other medications can be taken the morning of surgery with a small sip of water.
- **CALL THE DOCTOR IF...**
  - Your child develops a fever, rash or cold. The doctor may want to postpone the procedure.
  - Your child is taking any pain medications. Pain medication can increase bleeding. Children **can take** Tylenol/acetaminophen.
  - Your child is taking diet pills.
- If your child is taking a blood thinner such as Coumadin, please inform the doctor or anesthesiologist.