



Preparing For Pediatric Surgery

PLEASE FOLLOW ALL INSTRUCTIONS CAREFULLY:

- **PLEASE CALL THE SURGERY CENTER THE DAY BEFORE YOUR CHILD'S SCHEDULED SURGERY FOR YOUR CONFIRMED SCHEDULED TIME** between the hours of **1:00PM — 3:00PM**, at **845-692-9900**. ANY OTHER TIME GIVEN PRIOR TO THIS DATE IS A TENTATIVE TIME.
If your child's surgery is scheduled on a Monday, please call the Friday before.
- **YOUR CHILD'S SURGERY DATE IS _____**. It is very important that you and your child arrive promptly at the time instructed by the Hudson Valley Ambulatory Surgery staff.
- If your child is unable to make the scheduled appointment or you are going to be late, please contact the appropriate office to reschedule.
- **PLEASE BRING YOUR CHILD'S INSURANCE CARDS AND YOUR PHOTO ID.**
- It is important to check with your insurance company regarding the anesthesiologist fees for your child's surgery. Please call ORANGE ANESTHESIA at 845-343-6216 if you have any questions.
- Please fill out and bring the Anesthesia History Form for your child.
- Any co-pays and/or deductible fees are your responsibility and will need to be paid on the date of service unless your insurance company states otherwise. Our billing department will contact your insurance company regarding any preauthorization, deductibles, and/or co-pays for the surgery.
- **DO NOT GIVE YOUR CHILD THE FOLLOWING MEDICATION ONE WEEK PRIOR TO SURGERY:** Aspirin, vitamin E, ibuprofen. **NO** herbal teas/medications, **NO** pain or anti-inflammatory medications. Your child should avoid alcohol and smoking 24 hours prior to surgery.
- **DO NOT ALLOW YOUR CHILD TO EAT OR DRINK, INCLUDING WATER, AFTER MIDNIGHT.**
 - CHILDREN WITH DIABETES may need to adjust their insulin dosage the morning of surgery. PLEASE CONSULT YOUR CHILD'S DOCTOR AND ANESTHESIOLOGIST.
 - PLEASE CONSULT YOUR CHILD'S DOCTOR AND ANESTHESIOLOGIST regarding whether other medications can be taken the morning of surgery with a small sip of water.
- **CALL THE DOCTOR IF. . .**
 - Your child develops a fever, rash or cold. The doctor may want to postpone the procedure.
 - Your child is taking any pain medications. Pain medication can increase bleeding. Children **can take** Tylenol/acetaminophen.
 - Your child is taking diet pills.
- If your child is taking a blood thinner such as Coumadin, please inform the doctor or anesthesiologist.



- Your child should shower or bathe on the morning of surgery, avoiding any deodorant, perfume, lotion and powder. Your child may want to brush teeth and gargle on the morning of surgery, but should not swallow any water.
- **Children should not wear make-up or jewelry (especially mouth rings and studs). Hudson Valley Ambulatory Surgery is not responsible for any lost jewelry.** Dark nail polish and hair adornments must be removed before surgery.
- Your child should wear loose, comfortable clothing and flat shoes. Contact lenses and/or glasses should be removed and placed in a case for safekeeping prior to surgery.
- A child under 18 years of age **MUST** be accompanied by a parent or legal guardian. If you are a legal guardian, you **MUST** bring your legal paperwork with you. *If you do not speak English, you must be accompanied by someone who can translate for you.*
- A parent or caregiver must remain at Hudson Valley Ambulatory Surgery before, during, and after the procedure.
- **ALL CHILDREN MUST HAVE A PARENT OR LEGAL GUARDIAN DRIVE THEM HOME AFTER SURGERY. NO CHILD WILL BE DISCHARGED FROM THE FACILITY UNLESS ACCOMPANIED BY A PARENT OR LEGAL GUARDIAN.**
- Out of consideration for all our patients, we ask that only parents or one adult legal guardian accompany your child to the Hudson Valley Ambulatory Surgery. Do not bring other children with you.
- **WE ARE LOCATED AT 75 CRYSTAL RUN ROAD, MIDDLETOWN, NY. [\[Link to Directions and Map\]](#) PLEASE PARK IN THE BACK PARKING LOT, COME INTO THE WESTAGE BUILDING, AND TAKE THE ELEVATOR TO THE 2ND FLOOR, ROOM 225.**

THANK YOU.